Mass Intentsions For The Week

**Monday, February 11**
Weekday
**Mass 7:30am** Frank Virostek (Faith)

**Tuesday, February 12**
Weekday
**Mass 7:30am** Mary Mitchell
(Brent, Missy Richards and Family)

**Wednesday, February 13**
Ash Wednesday
**Mass 7:00am** Duane Lutchka (Marian)
**Mass 5:30pm** Stanley Valantas
(Ron/Loretta Hardgrove)

**Thursday, February 14**
Thursday after Ash Wednesday
**Mass 7:30am** Lily Chipman (Shirley Sauppé)

**Friday, February 15**
Friday after Ash Wednesday
**Mass 5:30pm** Tony Such (Dorothy)

**Saturday, February 16**
FIRST SUNDAY OF LENT
**Mass 4:30pm** Leo Smith (John & Norma)

**Sunday, February 17**
FIRST SUNDAY OF LENT
**Mass 8:00am** Henry & Mary Falconio
(63rd Wedding Anniversary)
**Mass 10:30am** Laverne Jenkins (Joanie & Charlie)

**Mass Servers:**
**Saturday 2/16 4:30pm**
Eva, Alex Lyon
**Sunday 2/17 8:00am**
Scott, Rolinitis
**Sunday 2/17 10:30am**
Barfell, Maxwell

**Eucharistic Ministers for 2/16 & 2/17**
Saturday ...............4:30pm .........Chernausky
Sunday ..................8:00am ..........Darr
Sunday ..................10:30am .........Keil

**Lectors for the month of February**
Saturday ...............4:30pm ..........Maxwell
Sunday ..................8:00 ..........Lovejoy
Sunday .................10:30am ........Levin

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**THIS WEEK IN OUR PARISH**

**Sunday, February 10**
CCD
9:00-10:15am Parish Hall

**Wednesday, February 13**
Choir Practice
6:30-8:00pm Church

**Monday, Thursday**

**Zumba**
6:30-7:00pm Parish Hall

**Friday, February 15**

**Stations of the Cross**
6:00pm Following Mass

**Evening Rosary:**
Sunday-Friday 6:00pm and before 4:30pm Saturday Mass. If there is a 5:30 evening Mass, rosary will begin at 5:00pm

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**ST. MARY’S SACRIFICIAL GIVING**
February 3, 2013 Sunday Collection: $3,691.00 Thanks

Did you receive the special issue of The Catholic Post? We hope you took a few moments to look it over. We strongly encourage your support of the Delivering Unity Campaign outlined in this edition. Envelopes are found within the issue but contributions may also be made by credit card online at thecatholicpost.com or by calling 1-800-340-5630

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**PLEASE PRAY FOR OUR SICK:**
Fr. George Rutler writes: But when Pope Pius XI learned the facts, he flung burning indignation at the Fascists.

That is the lesson: It is possible for those accustomed to the insolation of rank, to come to their senses. It is even possible to find a Becket or two among them. But in the French Revolution it was easier for the Abbé Gregoire to set up a Constitutional Church docile to the new social order, while the faithful clergy went to the scaffold or became galley slaves in Guyana. To avoid turning into some sort of neutered National Patriotic Church, Catholics must witness to the government that human rights are of natural law and are not doled out by the state to citizens who obsequiously request them. Passive resistance to the suppression of religious liberty is obedience to the law of natural order. This will test the mettle of the faithful. As the Apostolic Nuncio to the United States, Archbishop Carlo Maria Vigna, said in an address at the University of Notre Dame: “...martyrdom may not necessitate torture and death; however, the objective of those who desire to harm the faith may choose the path of ridiculing the believers so that they become outcasts from mainstream society and are marginalized from meaningful participation in public life.”

If the Church is to be prophetic in our toxic culture, truth must trump dilettantish ideology. That means freeing the Church from the deadweight of a self-perpetuating bureaucracy myopic to threats on the horizon. Benedict XVI has said: “The bureaucracy is spent and tired. It is sad that there are what you might call professional Catholics who make a living on their Catholicism, but in whom the spring of faith flows only faintly, in a few scattered drops.”

Continued next week

REGULATIONS FOR LENT AND THE EASTER TRIDUUM

1. Lent is the principal season of penance in the Christian year. Priests, religious and laity are strongly urged to develop and follow a program of voluntary self denial, attentiveness to prayer, and especially to works of charity and mercy.
2. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday, February 13 and all Fridays of Lent.
3. Everyone 18 years of age and under 59 is bound to fast on Ash Wednesday, February 13 and all Fridays of Lent.
4. On these two days, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one’s needs, but together they should not equal another full meal. Eating between meals is not permitted on these two days but liquids including milk and fruit juices are allowed. When health or ability to work would be seriously affected, the law does not oblige.
5. To disregard completely the law of fast and abstinence is a serious matter.

STROKE: Also called Brain attack, CVA. A stroke is a medical emergency. Strokes happen when blood flow to your brain stops. Within minutes, brain cells begin to die. Mini-strokes or TIAs occur when the blood supply to the brain is briefly interrupted. Symptoms of a stroke are:
- Sudden numbness or weakness of the face, arm or leg (especially on one side of the body)
- Sudden confusion, trouble speaking or understanding speech
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

It also has been noted that people who are having a stroke cannot stick out their tongue in a normal manner. If you have any of these symptoms, you must get to the hospital quickly to begin treatment. Acute stroke therapies try to stop a stroke while it is happening by quickly dissolving the blood clot or by stopping the bleeding. Post stroke rehab helps overcome disabilities that result from stroke damage. Drug therapy and blood thinners is the most common treatment for stroke. (National Institute of Neurological Disorders and Stroke)

The planning has already begun for the 2013-14 school year at Schlarman Academy. Some registration materials were handed out at the Open House on January 27 and these materials are now available for the upcoming school year. Materials for current students are being mailed out; new students should contact the school offices at both North and South Campuses for a registration packet. If you have any questions, please call the office at either campus. We look forward to an exciting registration for next year.

Top Ten Reasons to Choose Schlarman Academy for your child.
1. Catholic tradition and academic excellence in a community grounded in faith
2. Balanced curriculum that includes art, music and fitness
3. Emphasis on moral development, service to others and leadership skills
4. A 99% graduation rate
5. Strong preparation for further education
6. Safe and disciplined environment
7. Exceptional faculty who help students reach their highest potential
8. Individual attention in a caring community
9. Commitment to technology use to enhance education
10. Good stewardship of resources

For further information or to schedule a shadow day for your child please call Schlarman Academy at 442-2725.

We have copies of the Lenten Magnificat and also the Catholic Devotional for your Lenten journey. Please pick one up at the church entrances.