



1st Feb 2026

# St. Bernadette's RC Church



Tullibody

Parish Priest: Fr. Mike Freyne MHM  
 Parish House, Baingle Brae, Tullibody, FK10 2SG  
 Phone: 01259 213274

## 4th Sunday in Ordinary Time

Sat 31 Jan	9.30am 5.30pm	Morning Office & Holy Communion Vigil Mass
Sun 1 Feb	8.30am 11.30am	Mass Mass
Mon 2 Feb	9.30am	Morning Office & Holy Communion
Tue 3 Feb	~ ~ ~ ~	No Services
Wed 4 Feb	9.30am	Mass
Thu 5 Feb	9am 11.45am	Mass Requiem Mass, St Mary Locked, Dundee for Frank Carrie (Father Michael's Dad)
Fri 6 Feb	9am 10.15am	Mass Mass (Feast of St Modan) @ St Modan's High School with Archbishop Cushley
Sat 7 Feb	9.30am 5.30pm	Mass Vigil Mass
Sun 8 Feb	8.30am 11.30am	Mass Mass ~ <b>Children's Liturgy</b>

This Sunday's Readings	
<b>First Reading</b>	Zephaniah 2: 3, 3: 12-13
<b>Psalm</b>	146(145): 6-9
<b>Second Reading</b>	1 Corinthians 1: 26-31
<b>Gospel</b>	Matthew 5: 12

Last Sunday's Collection	
<b>Non Gift Aid</b>	£402.26
<b>Gift Aid</b>	£404.00
~ ~ ~	£0
<b>Total</b>	£806.26

# Prayer Requests

## Those who are sick ~

Joan Jones, Msgr. Basil O'Sullivan, Seamus Freyne, Natalie Otalini, Jade Dicerbo, Stuart Mason, Sean McCann, Carly Mournian, Brendan Murphy, Vincent McDaid, Peter Douglas, Mary Gordon, Mary Hughes, Peter & Margaret Stark, Sarah Jane Connelly, Duncan McGregor, Maria McIntyre, John & Trisha Smith, Drs. Diane & Mike Basquill, Maurice Di Duca, Heather Stewart, Cathy McCallum, Archie Gallaway, Bishop Stephen, Cathy Fox, Jim McKay, Peter Caproni, Laura Laing, Susan Duvall, Brian Robertson, Melissa Brown, Margo Tobin, John Lawlor and Lisa Mcilwrath, Fr. Hutchinson, Margaret Smith, Kath Massanopoli, John Grogan.

## Those who have died ~

Frank Carrie (Father Michael's Dad), Father Frank Smith

## Those whose anniversaries occur at this time ~

Bishop Vincent Logan, Archbishop Philip Tartaglia, Monsignor John Harty, Margaret Tobin, Andrew Wilson, Hannah McNiven, Sam Morrison, Steven Josef, Ronald Marcinkiewicz, Vera Freyne, Cathie Stolarek, Helen Hasten, Paul Kochanech, Molly Hutchison, Anne Hilton, John Clark, Stephen O'Grady




## St Bernadette's Primary

has been selected for the Tesco Stronger Starts customer votes to win a grant for Outdoor Play for Pupils. You can vote in store now until the end of March.

Your votes would be greatly appreciated. Please share this with family and friends. Thank you for all your support.

St Bernadette's Primary School Parent Council


Working with  **St Bernadette's Primary School**

Outdoor Play for Pupils

The school is keen to provide more sports and outdoor play opportunities to their pupils, as it promotes physical health, teamwork, self-confidence and skill development.

Alloa

Vote in-store until 31 March 2026



# Charity Social Night featuring the terrific Key West

@ St Mungo's RC Church Hall on  
Friday 6<sup>th</sup> of Feb, 7pm - 1130pm  
Hosted by KSC, it's a BYOB and  
nibbles evening.

Cost is **£10 a ticket.** (Pay on the  
night)

A Raffle on the night! All proceeds to  
local Charities.

All Welcome!



## Children's Liturgy of the **Word**

The Children's Liturgy team are  
restarting the sessions during the  
11.30am Mass on 2nd & 4th Sundays  
of each month until the School  
Summer Holidays:~

**8th Feb / 22nd Feb / 8th Mar / 22nd Mar  
26th Apr / 10th May / 24th May / 14th Jun**

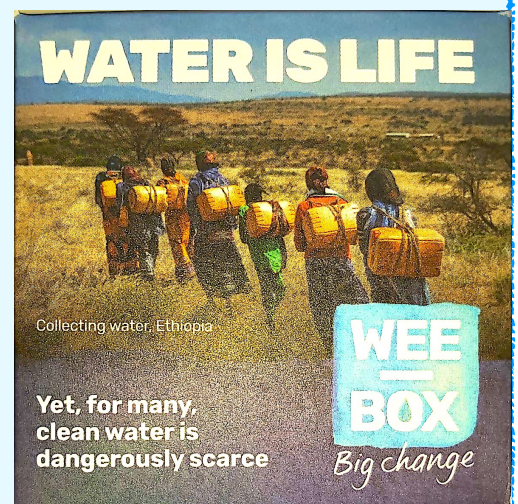
## **SCIAF Wee Boxes** - are now available for Lent. **Please take one.**

Each year generous Scots give up a favourite treat during Lent such as crisps, wine, chocolate or chips, and put the money they save into a WEE BOX for SCIAF.

The money donated provides a hand-up to vulnerable communities in Africa, Asia and Latin America, struggling to survive due to hunger, poverty and the effects of climate change.

"The thousands of WEE BOXES returned each year to SCIAF really do make a big difference to those we work with around the world. The generosity of the Scottish people, especially when things are so difficult for families here, is incredible."

This year, our WEE BOX Appeal focuses on our sisters and brothers in Ethiopia and highlights the work SCIAF and our partners do to bring clean, safe water.



# Beatitudes contemporary idiom



- 1. Blessed are the poor in spirit** = blessed are those who are lowly, beaten down and disadvantaged in this world.
- 2. Blessed are those who mourn** = blessed are those who have no hope in this world and who see the brokenness of this world.
- 3. Blessed are the meek** = blessed are those who don't push back and who don't strive, cheat and scheme to succeed in this world.
- 4. Blessed are those who hunger and thirst for righteousness** = blessed are those who want more for this world, who want justice and mercy and kindness and truth in this world.
- 5. Blessed are the merciful** = blessed are those who are not eager to condemn the people of this world, who assume the best, seek to understand and are quick to forgive.
- 6. Blessed are the pure in heart** = blessed are the people who have not been corrupted by this world, who can still see beauty and whose hearts incline toward that which is right, loving and good.
- 7. Blessed are the peacemakers** = blessed are those who seek reconciliation between God and man, and between friends and neighbours.
- 8. Blessed are those who are persecuted for righteousness sake** = blessed are those who will push through some suffering and bear a little shame in order to pursue the Kingdom of God on earth - for theirs is the Kingdom of Heaven