

St. Bernadette's Tullibody Parish Newsletter

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3rd Sunday of Advent

Sat	13th Dec	8.45-9.15am 9.30am 5.30pm	Confessions Mass Vigil Mass	
Sun	14th Dec	8.30am 11.30am 4.30pm	Mass Mass Advent Service before the Blessed Sacrament	3rd Sunday of Advent
Mon	15th Dec	9.30am 11.30am	Mass Vicar Episcopal meeting, Dundee	
Tues	16th Dec	7pm	St. Bernadette's ~ Ecumenical service with St. Serf's (C of S)	
Wed	17th Dec	8.30am 9.30am	Mass ~ St Modan's High School Mass	
Thurs	18th Dec	9.30am 1.30pm	Mass Nativity at St Bernadette's School	
Fri	19th Dec	9.30am 7pm	Mass with Primary School Blues Mass	
Sat	20th Dec	9.30am 2pm 5.30pm	Mass Ecumenical Carols ~ The Tron, Tullibody Vigil Mass	
Sun	21st Dec	8.30am 9.30am 4.30pm	Mass Mass Advent Service ~ Mary	4th Sunday of Advent
Mon	22nd Dec	9.30am 7pm	Mass with Anointing of the Sick Penitential Service	
Wed	24th Dec	7.30pm 8pm	Carols Vigil Mass	Christmas Eve
Thurs	25th Dec	8.30am 11.30am	Mass Mass	Christmas Day
Fri	26th Dec	9.30am	Morning Office & Holy Communion	Feast of St. Stephen
Sat	27th Dec	9.30am 5.30pm	Morning Office & Holy Communion Vigil Mass	
Sun	28th Dec	8.30am 11.30am	Mass Mass	Feast of the Holy Family
Mon	29th Dec	9.30am	Morning Office & Holy Communion	
Thurs	1st Jan	9.30am	Morning Office & Holy Communion	Feast ~ Mary, Holy Mother of God



This Sunday's Readings	
First Reading	Isaiah 35: 1-6, 10
Psalm	146(145): 6-10
Second Reading	James 5: 7-10
Gospel	Matthew 11: 2-11

Last Sunday's Collection	
Non Gift Aid	£339.39
Gift Aid	£341.70
Advent Appeal	£458.46
Total	£1139.55

Prayer Requests

Those who are sick ~ Jones, Msgr. Basil O'Sullivan, Seamus Freyne, Natalie Otalini, Jade Dicerbo, Stuart Mason, Sean McCann, Carly Mournian, Brendan Murphy, Vincent McDaid, Peter Douglas, Mary Gordon, Mary Hughes, Peter & Margaret Stark, Sarah Jane Connelly, Duncan McGregor, Maria McIntyre, John & Trisha Smith, Drs. Diane & Mike Basquill, Maurice Di Duca, Heather Stewart, Cathy McCallum, Archie Gallaway, Bishop Stephen, Cathy Fox, Jim McKay, Peter Caproni, Laura Laing, Susan Duvall, Brian Robertson, Melissa Brown, Margo Tobin, John Lawlor and Lisa Mcilwrath, Father Frank Smith MHM, Fr. Malcom Hutchinson, Margaret Smith, Kath Massanopoli.

Those whose anniversaries occur at this time ~ Dennis Hallanan, John Neil, John Mangan, Peter Doyle, Paddy Docherty, Moira Scott, Margaret Carr, Dan Jolly, Kate Sprengel, Claire McNaught, Margaret Tobin.

Blues Mass ~ Friday 19th Dec, 7pm

This is a special mass for all of us who want to remember our deceased at this time. Also to help and support us in the grieving process.

FLU SYMPTONS? ~ PLEASE DO NOT COME TO MASS

If you are feeling sick with symptoms of flu, it is inconsiderate for you to come to mass. You could pass on your germs and even endanger some people's lives. Best stay at home. Certainly under no circumstance take the chalice.

It is also important to remember that intinction (dipping the consecrated host into the precious blood in the chalice) is NOT permitted in Scotland nor is it permitted throughout the whole of the Catholic Church. Eucharistic Ministers were reminded of this at the recent Diocesan encounter.

Advent Adoration

During Advent at 4.30pm for about 45 minutes we will have prayer, adoration and reflection in the church. All welcome.

An Important Ecumenical Week.

This week we have our normal ECUMENICAL SERVICE, which we have with our friends at St. Serf's. Church of Scotland which this year will be at St. Bernadette's. Many of our children from St. Bernadette's Primary school will also be present and singing. All are welcome. Let us support!

Also for the first time we are joining St. Serf's at the Tron on Saturday 20th AT 2PM FOR SOME CAROL SINGING. Please come along and support. It is a wonderful witness we can give to people in our neighbourhoods. We cannot wait for people to come to us but need to go out and meet them. All welcome with a good singing voice or not.

READERS

Some readers have found that during the winter months at the vigil mass and 8.30am mass the lighting can be very dull making it difficult to read. A discreet lamp has been connected to the lectern which should help us in the proclamation of the Word of God.

Reader, the microphone does not bite!! Please place it in a position that you are speaking into the microphone and not above or to the side of it. Practice, if necessary, before mass.



SCHOOL CHRISTMAS NATIVITY PLAY

Will be at the school on Thursday 18 December at 1.30pm. Obviously all parents and families will be invited. However, many in the parish want to support the school. To control the numbers there are tickets. Fr Mike has 15 so if you are interested please ask.

St Bernadette's Parent Council are holding a Ceilidh on Saturday 24th January between 6-9pm at Cochrane Hall in Alva to raise money for the school fund and outdoor play equipment.

Family tickets are £25 (two adults plus children)
Adult tickets are £10

If you would like to join us, please email stbernadettespc@gmail.com and we will arrange your tickets.



SILENCE IS GOLDEN

Quiet time can help reduce stress
Quiet time can help improve mental clarity
Quiet time can help enhance creativity
Quiet time can help emotional regulation
Quiet time can help increase self-awareness

"There is a time to speak and a time to keep silent."

Ecclesiastes 3:7, The Bible

"Silence speaks louder than words."

Thomas Carlyle

"Quiet people have the loudest minds."

Stephen Hawking

"The quieter you become, the more you are able to hear."

Ram Dass

"The fruit of silence is prayer. The fruit of prayer is faith. The fruit of faith is love.
The fruit of love is service. The fruit of service is peace."

Mother Teresa

"We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence. See how nature—trees, flowers, grass—grows in silence; see the stars, the moon and the sun, how they move in silence... We need silence to be able to touch souls."

Mother Teresa

We are surrounded at Christmas from every angle with plenty of noise. Some of it is wonderful and joyful - but also need moments of silence for ourselves and for us to be with God.

Every Sunday of Advent after the 11.30am mass the church will be left open up to the Advent Service at 4.30pm.

This should be no cause for concern as we now have 24 hour CCTV in the church.

Hopefully the church will be warm and quiet.

Please feel free to drop in - even just for a few moments - to sit or kneel in silence with God.

We ask everyone to respect each other and keep the silence.

There are a small number of **Christmas cards** on sale at the back of the Church.