



St. Bernadette's Tullibody Parish Newsletter

Parish Priest: Fr. Mike Freyne MHM

Parish House, Baingle Brae, Tullibody, FK10 2SG

Phone: 01259 213274

Email: stbernadette@dunkelddiocese.org.uk

Website: <http://www.catholic-church.org/stbernadettes>

3rd Sunday in Ordinary Time

22nd January 2023

Parish Diary		
Sat 21st January	9.30am 5.30pm	Morning Office & Holy Communion Vigil Mass
Sun 22nd January	8.30am 11.30am	Morning Mass Morning Mass (Also on YouTube)
Mon 23rd January	9.30am	Morning Office & Holy Communion
Tues 24th January	~~	No services
Wed 25th January	9.30am	Morning Office & Holy Communion
Thurs 26th January	9.30am	Morning Office & Holy Communion
Fri 27th January	~~	No services
Sat 28th January	9.30am 5.30pm	Morning Office & Holy Communion Vigil Mass
Sun 29th January	8.30am 11.30am	Morning Mass Morning Mass (Also on YouTube)

Parish Offerings ~ Week Ending 15th January

Gift Aid	£291.00	Non Gift Aid	£389.08	Total	£680.08
Justice & Peace Special Collection			£324.58	Uganda Appeal Update	£3261.05



Please remember in your prayers



Those who are sick ~

Father Mike, Natalie Otalini, Jade Dicerbo, Stuart Mason, Sean McCann, Baby Jade, Ruby Lloyd, Sid Davies, Nellie Gallon, Carly Mournian, Brendan Murphy, Vincent McDaid, Peter Douglas, Mary Gordon, Mary Hughes, Peter & Margaret Stark, Maureen McKay, Sarah Jane Connelly, Duncan McGregor, Maria McIntyre, John & Trisha Smith, Drs. Diane & Mike Basquill, Maurice Di Duca, Heather Stewart, Cathy McCallum, Archie Gallaway, Fr John Callaghan, Rev. Mgr. Ken Canon McAffrey, Bishop Stephen, Cathy Fox, Jim McKay, and all those in Hospital and Nursing Homes.

Those who have died recently ~

Jean Niven (Funeral Tuesday 31st Jan)

Those whose anniversaries occur at this time ~

Fr. Colin Golden, Mary Galloway, John (Shaun) Clarke, Tom Mack, Frances Masterson, Margaret Byrne, Bishop Vincent Logan, Archbishop Philip Tartaglia, Vera Freyne, Dennis Callahan, Margaret Tobin, Bernard Hughes.

JANUARY 2023

Fr. Mike has not had a break for four years. Like most people he could not get away because of covid and he also had to do his treatment for cancer of the throat. The bishop had suggested he take an extended break. However, Ash Wednesday is early, which he needs to be back for, but he will be away a week longer than usual.

The Vigil and Sunday masses priests have kindly offered to come and celebrate our masses even though there is a shortage of priests in our Diocese in January.

Fr. Michael Carrie, parish priest of St.Mungo's in Alloa, will celebrate or organise requiem masses. In the case of a death please inform him. He will also attend to any EMERGENCY SICK CALLS. Please note only emergencies and during the day.

Our normal liturgical celebrations during the week will take place as normal in the Winter Chapel with Morning Office and Holy Communion.

"I ask all of you to join me in praying for Father Isaac Achi, of the Diocese of Minna in northern Nigeria, who was killed last Sunday in an attack on his rectory. So many Christians continue to be the target of violence. Let us [#PrayTogether](#) for them." Pope Francis @Pontifex 18/01/23



Following our year-long survey researching the contribution of older people to the life of our faith communities, the final report on this project has been completed and will be published early 2023. We are currently developing a dissemination strategy as we feel it is vital that this unique exercise in Scotland should be widely discussed and ideas shared.

The contribution of older people to the life of our faith communities

Faith in Older People aims to highlight and celebrate the contribution made by older people in our faith communities. Although people are aware of this, we wanted to look in more detail about the range of activities that are sustained and developed by older people. We were therefore delighted that the TOR Christian Foundation funded us to undertake a research project to identify the extent to which older people contribute.

We met with representatives of our different faiths and undertook a survey of all faith communities in Scotland.

THURSDAY 26 JANUARY 2023 - LINKING LIVES WEBINAR - 4.30PM-6.00PM With Jeremy Sharpe

A view of loneliness and isolation and its impact on mental wellbeing

Jeremy Sharp is the National Director of Linking Lives UK and is based in Reading, Berkshire.

Effective Responses to Loneliness & Mental Health

Loneliness and mental health have always been intertwined issues and this will continue to be the case in the future. Whilst loneliness is not a mental health condition in and of itself, it can (and does) often lead to mental health problems. These can include various types of social phobia, depression, anxiety, low self-esteem, sleep problems and increased stress. ('About Loneliness'- Mind website). Equally, mental health problems of varying types and levels can often lead to significant experiences of loneliness and so the two issues can exacerbate each other. In July 2020, the Campaign to End Loneliness published a report called 'The Psychology of Loneliness' and this explored the relationship between mental health and loneliness and made a number of recommendations as to how individuals and agencies could address this growing problem.

To book tickets >>>>> [loneliness and isolation tickets](#)

The Letter: A Message For Our Earth

A must see film for all who care about Mother Earth.



The film *The Letter: A Message For Our Earth*, is based on Pope Francis' 2015 encyclical letter, "*Laudato Si', on Care for Our Common Home.*"

The film features activists: Chief Cacique Odair "Dadá" Borari from the Amazon rainforest in Brazil; Ridhima Pandey, a 13-year-old climate activist from India; Arouna Kandé, a climate refugee from Senegal; U.S. scientists Greg Asner and Robin Martin; and Lorna Gold, president of Laudato Si' Movement.

They were invited to Rome for a private audience with Pope Francis during which they shared their personal story and that of their country.

What emerged was an overview of the state of our planet and the need for us to fully appreciate the interconnectedness of all life on the planet and the impact of human activity in creating an environmental crisis that is already causing devastation amongst poorer countries who have contributed least to the crisis.

Whilst being a very challenging film it also gives us hope if we commit to a personal ecological conversion and join with the global ecological movement.

Our session will include, in addition to the film screening, an opportunity for Q&A with Lorna Gold, who appears in the film and is president of the *Laudato Si' Movement*.

The screening will take place during *World Interfaith Week* and Bishop Brian McGee will lead us in our Opening Prayer.

Please register at: <https://bit.ly/TheLetterScottishScreening>